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***If you have not made food arrangements when booking, please ask Jane or Richard about your particular food preferences e.g. gluten free and vegan food and drink.***

***We usually stock items such as gluten free oats and non-dairy milk.***

***Fruit Juice / Water***

***Selection of Cereals / Muesli / Yoghurt***

***Large or Small Aurora Breakfast Smoothie***

*(oats, banana, chia seeds, brown linseeds, almond/oat milk, blueberries, raspberries)*

***Porridge***

*(let us know how you like yours…)*

***Full Scottish Breakfast***

*(bacon, square beef sausage, black pudding, haggis, eggs, tomatoes, potato scone, toast)*

***Kale, Tomato and Poached Eggs on Wholemeal Toast***

*(Made with feta cheese, garlic and chilli flakes)*

***Local Organic Free-Range Eggs***

*(fried, boiled, poached or scrambled)*

***Home Baked Bread or Toast***

*(butter, jam, marmalade, honey)*

***Tea / Fresh Ground Coffee / Hot Chocolate***

***–*** *see overleaf for hot drinks list.*

***Seasonal***

*(We aim to use produce that is seasonal and we’ll let you know when we have “specials” e.g. fresh fruit; herring in oatmeal; smoked salmon)*

**Wherever possible we use local produce:**

Castletown Butchers; Scrabster Seafood; Far North eggs;

Caithness Smokehouse; Caithness fruits; Caithness Honey

Aurora B & B garden